



## Cultivating Authentic Intelligence (the Other AI)

G26110507

With Dave Smith

December 3-6, 2026

Welcome to Cultivating Authentic Intelligence

Hello everyone,

I am delighted that you've enrolled in Cultivating Authentic Intelligence, and I very much look forward to meeting you at Ghost Ranch. By registering for this retreat, you've already acknowledged a vital need: the search for alternative ways to deepen your mindfulness practice and navigate the modern world with courage and autonomy. Authentic Intelligence cultivates meaning. This program is about getting untrapped—moving away from the artificial and toward an "ecology of practices" that actually works.

### Overview

We will gather from Thursday through Sunday. Our daily flow is designed to bridge contemplative discipline with our emotional lives through:

- Shared Inquiry: Investigating pragmatic tools from early Buddhist texts to understand the mind's purpose and function.
- Affective Science: Shifting from "managing" emotions to using them as a guide toward transformation and flourishing.
- Existential Philosophy: Confronting the radical responsibility of our condition to find a secular path toward freedom and authenticity.



## The Schedule

- Thursday Evening: We will begin by getting to know one another over dinner. During our opening session after dinner, we will introduce periods of silence to the retreat container, allowing us the necessary space to go inward.
- Friday – Sunday: Our daily schedule will include meditation, learning and practice sessions, interactive dialogue, and Q&A.

## What to Expect

This retreat is designed for both new and experienced practitioners who are seeking a rigorous, "no-nonsense" approach to living well. We aren't looking for a single, simple fix; instead, we are engaging in an honest inquiry into what it truly means to be human.

I look forward to seeing you all in New Mexico this December.

Kind regards,

Dave Smith

## Workshop Itinerary:

### Thursday:

3:00 pm Check in begins

5:30 – 6:30 pm Dinner followed by Ghost Ranch Orientation

7:30pm: Opening session

### Friday and Saturday:

6:30 am Wake up

7:00 am Morning meditation

7:30 – 8:30 am Breakfast



9:30-12 Noon Morning session

Noon - 1:00 pm Lunch

2:00 - 5:00 pm Afternoon session

5:30 - 6:30 pm Dinner

7:00 pm Evening session

Sunday

6:30 am Wake up

7:00 am Morning meditation

7:30-8:30 am Breakfast

\*\*10:00 am Check out: please have all personal belongings removed from your lodging accommodations prior to final session

10:00-12 Noon Final session (Please note, if you plan on staying for lunch after the final session you will need to let the Ghost Ranch Reservations Department know upon registration)