



Supernatural Sutras: A Solstice Initiation

G26110502

with Elizabeth Rowan

December 4-6, 2026

My fellow seekers! I'm Elizabeth Rowan, your guide and fellow journeyer on our Supernatural Sutras™: A Solstice Initiation divine descent to and through winter's dark. We gather in the high desert at the energy vortex of Ghost Ranch amid the longest nights of the year, at nearly the new moon, no less, to make maximum use of seasonal darkness as a prerequisite to light.

As a lifelong shadow celebrant who like you has lived oh so many metaphorical deaths, I've long harnessed the darkness as the most magical route to surrender, self-embrace and a return to light—again and again and again. I created Supernatural Sutras as a living ritual and ceremony for us to do so together, arms linked with the full spectrum of the human experience, sashaying down into the depths to arise again clear-eyed, brave, buoyed by our conscious collective and whatever glimmers reveal themselves to us along the way.

This is a wintery, starlit, initiatory, cathartic, mysterious weekend of storytelling, ritual, offerings, contemplation, movement, mediation, yoga, altar work and fire ceremony, surrender, and most importantly, mining whatever transitions and threshold moments you currently navigate for utter gold.



We will be both indoors and outdoors throughout the weekend, so please pack layers, sun protection, winter weather clothes and a sense of awe. I am honored to sojourn and share this weekend with you under the sun and stars. I'll see you in the desert!

With love,

Elizabeth Rowan

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Please bring:

Item(s) for our collective altar, representative of 1) what you are metaphorically completing, releasing, or burying, and 2) what you intend to birth anew. (You may take these home with you or leave them as an offering at the end of the workshop.)

Yoga mat or travel mat. Ghost Ranch provides some mats; however, you may wish to bring your own mat or any preferred props.

Water bottle

Journal or notepad, and pen



Warm clothing as we will be outside at times, including after dark when the temperature drops significantly

Any talismans, totems, or relics to keep close your heart

A suspension of disbelief, your inner alchemist, and arms wide open to The Mystery

Workshop Itinerary:

Friday, December 4–Sunday, December 6, 2026

Friday

3:00pm Check in

5:30–6:30pm Dinner

6:30–7:00pm Ghost Ranch Orientation

7:00–9:00pm Opening ceremony and labyrinth

Saturday

7:30–8:30am Breakfast

10:00–12:00pm Workshop

12:00–1:00pm Lunch

1:30–2:30pm Workshop

2:30–5:30pm Free time

5:30–6:30pm Dinner

6:30–9:30pm Workshop, practice, ceremony, outdoor fire ritual

GHOST RANCH



Sunday

7:30-830am Breakfast

9:00-11am Practice and closing ceremony

10:00am Check Out. Please have all personal belongings out of your accommodations prior.