



Wilderness First Responder

G26110105

with Isabel Chavez and Base Medical

November 1-7, 2026

Hello and Welcome to Ghost Ranch!

We are excited for you to join us for Wilderness First Responder (WFR) training in the wonder of it all at Ghost Ranch in Abiquiu, NM!

Once registered, you will be emailed a link with the 30 hours of on-line, self-paced training. The 30 hours of on-line modules and the assessment MUST be completed prior to the in-person practical training. Upon completion of the online modules and the assessment, you will receive a certificate. You must present this certificate to your WFR instructor at the start of the in-person practical training.

*Please note there is a \$160 nonrefundable deposit for the Base Medical WFR American Red Cross CPR course. If you do not complete the on-line coursework prior to the in-person training date, you may or may not be able to participate in the practical training and will not receive a refund.



The in-person practical training will run 8:30am - 5:30pm daily, with the exception of one night scenario (see itinerary below). After completing the in-person practical training, you will be emailed another link for the final assessment. After completing your final assessment, you will receive your Wilderness First Responder Certification and American Red Cross CPR & AED Certification via email.

Our practical training will include discussion, demonstration and hands-on scenarios built upon the on-line training content. Day 1 we will be joined by Wilderness First Aid students; Day 2 -5 will continue through the remainder of Wilderness First Responder.

Much of our in-person training will be outdoors with the scenarios requiring moulage (fake blood, burns, etc.) and possible triggering scenes. We encourage participants to voice real life concerns, discomforts, or emergencies and ask that each individual take care of themselves and excuse themselves as needed. That said, we look forward to enjoying the outdoors and learning together!

What to Bring:

- Comfortable clothing you do not mind being stained by the moulage
- Layers of clothing that you can remove/put on (NM weather can be finicky)
- Sturdy walking/hiking boots or sneakers
- Refillable water bottle
- Hat



- Sunglasses
- Sunscreen
- Toiletries (including shampoo/conditioner)
- Snacks if needed!

Itinerary: (subject to change)

Day 1 Wilderness First Aid + Wilderness First Responder

8:30am - 8:55am Welcome & Introductions

8:55am - 9:45am Instruction & Scenarios

9:45am Break

10:55am - 12:30pm Instruction & Scenarios

12:30pm - 1:00pm Lunch

1:00pm - 3:15pm Instruction & Scenarios

3:15pm Break

3:25pm - 5:30pm Instruction & Scenarios

5:30pm End of class and Lodging Check In

5:30pm - 6:30pm Dinner

Day 2 & 3 Wilderness First Responder (WFR)

7:30am - 8:30am Breakfast

8:30am - 9:45am Instruction & Scenarios

9:45am Break

10:55am - 12:30pm Instruction & Scenarios

12:30pm - 1:00pm Lunch

1:00pm - 3:15pm Instruction & Scenarios



3:15pm Break

3:25pm - 5:30pm Instruction & Scenarios

5:30pm End of class

5:30pm - 6:30pm Dinner

Day 4 WFR with Night Scenario

7:30am - 8:30am Breakfast

8:30am - 11am Instruction & Scenarios

9:45am Break

10:55am - 12:30pm Night Scenario Prep

12:30pm - 1:00pm Lunch

1:00pm - 5:00pm Free Time

5:00pm - 5:30pm Final Night Scenario Prep

5:30pm - 6:00pm Dinner

6:00pm - 10pm Night Scenario & Debrief

10pm End of class

Day 5 WFR with Test Outs

7:30am - 8:30am Breakfast

8:30am - 9:45am Instruction & Scenarios

9:45am Break and Lodging Check Out

10:00am - 12:30pm Instruction & Scenarios w/Custom Topics/Student Gaps

12:30pm - 1:00pm Lunch

1:00pm - 4:30pm Final Scenarios and Test Outs

4:30pm - 5:30pm Clean Up

5:30pm End of class