

Welcome



A SoulCollage® Experience G26020203

with Jennifer Brown
February 8-14, 2026

Welcome to a week of beautiful SoulCollage® at the stunning Ghost Ranch. During this week we will immerse ourselves with creativity, self-reflection, sharing, meditation, and prayer. This is a week that is meant to feed your soul with nurturing, wisdom, healing, and spirituality.

You will learn about the SoulCollage® process, how to discern your collages, and glean wisdom from your inner self. This process is open for those of all faiths, or those still discerning what their spirituality is. This is a space that holds no judgement, it is filled with compassion, curiosity, open mindedness, and heart for ourselves and others. In helping us along the path we will explore different prayer forms such as meditation, labyrinth, poetry, music, and sounds. We will laugh and smile, maybe even cry a little along the way. It is all good!

Fortunately, the supplies are easy. We will be using photo images, glues sticks, and scissors. We will provide much of this and you are welcome to also add to the supplies with your own magazines or images (even personal ones you love). You might have a favorite pair of scissors you want to use as well. If not, we got you covered.

Below is a general outline of the structure of a day, within the structure there will be plenty of flow for your creativity and bringing in the elements discussed above.

Day 1-4:

Morning session* after breakfast (2.5 hours) 9-11:30

Lunch 12pm

Break until 2pm

Afternoon session* (2.5 hours) 2-4:30

Dinner 5:30pm

*In addition to collaging and reflection, there will be added various forms of meditation/prayer (i.e. walking meditations, sitting guided meditation,

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sounds, labyrinth, Visio divina, poetry).

Day 5: Closing ceremony, art show set up, dinner, art show.

Please contact me with any questions at spiceoflife@coach-jen.info.

Wellness and Blessings,
Jennifer Brown