

Welcome



Reiki I & II Class: Energy Balance G26010402

with Laurie Magoon
January 30-February 1, 2026

Greetings from Ghost Ranch,

I am looking forward to our time together for our Reiki I and II on Friday, January 30 – Sunday, February 1, 2026. It is a great environment to enhance the energy of Reiki at the amazing Ghost Ranch.

Check in begins Friday at 3:00pm, Dinner is served at 5:30pm-6:30pm, directly followed by a Ghost Ranch orientation in the dining hall at 6:45pm.

Our Class schedule will begin Friday evening 7:15pm – 9:00pm

Saturday class will be 9:00am-5:00pm Evening session is optional.

Sunday is a short session 9:00am-11:00am.

Please note that check out is at 10:00am, please have all personal belongings out of your lodging accommodations prior.

You will receive a digital handbook the week before class starts – PLEASE PRINT THIS OUT as we will use these documents throughout the week-end.

Items to have for the training:

- Printed Handbook
- Laptop or notebook for notes
- Plain paper for note taking.
- Water bottle, coffee, or tea thermos
- Sturdy boots for short walks
- Warm clothes and layers, hat, gloves, winter coat...

You will also receive a daily schedule upon arrival. Thank you for being open to the power of energy balancing and your potential to be a part of

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this amazing healing community. Please reach out if you have any questions.

Stay Amazing,

Laurie
Email: magoon007@gmail.com

SCHEDULE:

FRIDAY

6:30 pm Orientation in Dining Hall

7:15-9:00 pm

- Introduction(s)
- Origins of Reiki
- How does it work – The power of intention
- Reiki Treatment
- Outcomes/Benefits for Receiver and
- Practitioner
- Self-Reiki Protocol

SATURDAY

7:30-8:30 am Breakfast

9:00 am – 12:00 pm

Welcome back – check in.

- Practice Self Reiki (outside)
- After class homework – do Reiki 21 days.
- Attunement
- Break
- Practice on each other-table or chair
- Debrief

12noon-1:00 pm Lunch

1:30 pm- 3:00 pm Afternoon Session

Practice in Small Groups - Debrief

3:00 pm - 5:00 pm REIKI II

- Empowerment Symbol

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- Mental/Emotional Symbol
 - Attunement
 - Absent Symbol
 - Practice
- 5:30 pm – 6:30 pm Dinner
7:00 pm – 8:15 pm Practice Session

SUNDAY

7:30 am – 8:30 am Breakfast
9:00 am – 11:00 am Recap and Practice
Session

10:00 am Room Check Out; please have all personal belongings out of your accommodations prior.