

Welcome



On The Path Home

G25080102

with Richard Diamond

August 8-10, 2025

Hello!

I'm Dr. Rick Diamond, the Story Healer, and I'm so excited that we'll be "On The Path Home" together, Friday, August 8 - Sunday, August 10, 2025 at beautiful Ghost Ranch, one of my very favorite places in the world! Here's some information about our weekend together.

Our retreat will include group time in which I'll talk and lead lively group discussions, using an archetypal fairy tale and other resources to explore parts of our selfhood and experience. I'm going to lead us through a process around abandonment, wandering, and finding that we know the way home. We'll have individual time for writing and reflection. We'll have small group discussion time to dig deeper and hear from one another. And I'll be using the tools of Story Work, my process of understanding how we make meaning.

We'll also have guided meditation times, to go within and connect to our deeper intuition and wisdom. If you don't know much about meditation, that's not a problem; this will be simple and user-friendly. We'll have prompts and tools to use.

Saturday afternoon will include a big block of free time for wandering, resting, and exploring beautiful Ghost Ranch.

You don't need to prepare anything beforehand. Please just show up as you are. Wear comfortable clothes; we'll be sitting together in a classroom talking, and we'll take some short walks together. (If you have any accommodation concerns, please let me know.)

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If in the week or two before the retreat, things “go wrong” – your car won’t start, your kids get sick, someone leans hard on you – don’t be alarmed. This is perfectly normal. Our scripted self has its routines and preferences, and it tends to get nervous when our inner life is changing. I encourage you to trust that you were led to be part of this retreat by Something bigger than your scripted self!

I feel very honored that you have chosen to share this weekend with me and the group. I believe that it will connect you to deeper parts of who you are, and what you want. And we’re going to have lots of fun. Oh – and – if you have a drum or other noisemakers, please feel free to bring them if you like.

If you have any questions, please feel free to email me.

Rick Diamond

rick@drrickdiamond.com

Austin, Texas

ITINERARY:

FRIDAY

3:00 Check in- HQ

5:30 Dinner

6:30 Welcome

7:00 Group

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9:00 Labyrinth and Reflection

10:00 Quiet time

SATURDAY

7:00 Meditation

7:30 Breakfast

9:00 Group

12:00 Lunch

1:00 Group

2:30 Free time

5:30 Dinner

7:00 Group

9:00 Fire and Reflection

10:00 Quiet time

SUNDAY

7:00 Meditation

7:30 Breakfast

9:00 Group

***Room checkout is at 10am

11:30 Celebration and Sending

12:00 Lunch (optional)