

Welcome



Wilderness First Aid (WFA)

G25040301

with Isabel Chavez and Laura Hand

April 21, 2025

Hello and Welcome to Ghost Ranch! We are excited for you to join us for Wilderness First Aid Training (WFA) in the beautiful setting of Ghost Ranch in Abiquiu, NM!

Once registered, you will be emailed a link with 8 hours of on-line, self-paced training. The 8 hour on-line modules and assessment **MUST** be completed prior to our in-person practical training; upon completion of the online modules and the assessment, you will receive a certificate. You must present this certificate to your WFA instructor at the start of the in-person practical training. Please note that if you do not complete the on-line coursework prior to the in-person training date, you may or may not be able to participate in the practical training and will not receive a refund.

The in-person practical training will run 8:30am - 5:30pm (see itinerary below). Please arrive at the Ghost Ranch Headquarters/Welcome Center 15-20 minutes before the start of the class so we may check certificates and begin instruction at 8:30am. After you complete the in-person practical training, you will be emailed another link for the final assessment. After completing your final assessment, you will receive your Wilderness First Aid Certification.

Lunch is provided and included in the cost of the course. Please let us know about any serious dietary restrictions and/or allergies you may have.

Our practical training will include discussion, demonstration and hands-on scenarios built upon the on-line training content. Much of our in-person training will be outdoors with scenarios requiring moulage (fake blood, burns, etc.) and possible triggering scenes. We encourage participants to voice real life concerns, discomforts, or emergencies and ask that each individual take care of themselves and excuse themselves as needed. That all said, we look forward to enjoying the outdoors and learning together!

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What to Bring:

- Comfortable clothing you do not mind being stained by the moulage
- Layers of clothing that you can remove/put on (NM weather can be finicky)
- Sturdy walking/hiking boots or sneakers
- Refillable water bottle
- Hat
- Sunglasses
- Sunscreen
- Snacks if needed!

Itinerary:

8:00am - 8:30am Sign-in with Certificates
8:30am - 8:55am Welcome & Introductions
8:55am - 9:45am Instruction & Scenarios
9:45am Break
10:55am - 12:30pm Instruction & Scenarios
12:30pm - 1:00pm Lunch
1:00pm - 3:15pm Instruction & Scenarios
3:15pm Break
3:25pm - 5:30pm Instruction & Scenarios
5:30pm End of class