

# Welcome



## Sew Happy Service Corps

with Rogene Ashford  
G24070412  
July 21-27, 2024

Howdy!

I am Rogene E Ashford most everyone calls me by my nickname “Ronnie. I am tickled pink that you have decided to enroll in “ Sew Happy Speciality Service Corps ” for July 21 - 26, 2024! We will have some fun, simple sewing projects, maybe time for making some “quilted hearts” and some much needed mending and special repair projects for all those students/staff/guests/instructors and employees at the ranch. The key is we must be flexible as to what we will actually accomplish, the needs at Ghost Ranch shift quickly.

### What will we do?

It is my understanding that this year we will be sewing covers for “Zabutans” and “Zafus”. Simply explained and yes this old Kansas farm gal had to ‘google’ it; ‘Zabutans’ are large comfortable floor pillows for meditation in yoga. ‘Zafus’ are smaller pillows, they are often round shaped and filled with buckwheat hulls. Our goal will be 20 removable covers for both types of pillows.

We will give 25 hours (that’s averages to 5 hours per day) of sewing time to the Ranch. In the past years we have been productive during the morning session from 900-1200. Then after lunch in the afternoon some gals like to keep right on working and others like to take a break and come back after supper. So you can choose which works best for you. Please take the time to explore Ghost Ranch and enjoy those glorious sunrises and sunsets!

### What should you bring?

1. If you are driving and can bring your own sewing machine please do! If you are flying then rest easy, I do have several older sewing machines available at Ghost Ranch for you to use.
2. If you can bring your basic sewing/quilting supplies that would be great. You know that it so much easier to use your own pair of scissors or rotary cutter. Don’t worry if you cannot bring anything, I will have plenty of those basic sewing/quilting tools available for you to use.
3. Feel free to bring your own personal quilting, sewing projects as there will be time to play too! I will have a couple of fun easy projects available for you to play if you want to!!
4. Please check the catalog for all those other things that might be helpful to bring for your stay at Ghost Ranch.

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Together we will sew up a storm to make Ghost Ranch even more beautiful and along the way we will tell a few stories, laugh, create and build new friendships together. Then as the week draws to a close may you feel inspired, replenished, and refreshed from your hours of service. So when it comes time to pack and head home, I hope that you pack up a few new friendships and many happy memories of your time here at Ghost Ranch.

If you have ideas, suggestions, requests or questions, please contact me. I am excited and honored to be guiding y'all at Ghost Ranch. See you in July!

Be Blessed and Know You Are Loved,  
Ronnie Ashford  
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