

# Welcome



## Sabbath as Life Abundant

with Rev. Anita Amstutz and Maureen T. O'Neill

G24060501

June 24-29, 2024

Schedule

### Monday June 24 3-5pm

check in, Ghost Ranch orientation and evening meal together

### Tuesday June 25 Theme: Simplicity

7-8am breakfast

8:30-9:30 am gathering at Agape Meeting Room for morning meditation

9:30am Break

9:45am - noon Taking off our masks/Sabbath mind

Noon-1pm lunch

1-5pm Ranch activities/free time

5-6:30 Dinner

7-9pm Fireside chat (optional) Imagining church and the new wineskins

Children must be picked up from youth staff by 8:45 pm each night.

### Wednesday June 26 Theme: Soul Tending and the Slow Heartbeat of Nature

7-8am breakfast

8:30-9:30 am gathering at Agape Meeting Room for morning meditation

9:30am Break

9:45am - noon Making Room for awe and wonder

Noon-1pm lunch

1-5pm Ranch activities/free time

5-6:30 Dinner

7-9pm Fireside chat (optional) Imagining church and the new wineskins

Children must be picked up from youth staff by 8:45 pm each night.

### Thursday June 27 Theme: Prayer and the Devotional heart

7-8am breakfast

8:30-9:30 am gathering at Agape Meeting Room for morning meditation

9:30am Gathering to visit Christ in the Desert Benedictine Monastery with Father John, resident hermit

Lunch at Monastery

[We will use personal vehicles to caravan to Christ in the Desert. If you can drive please let us know!](#)

3-5pm Ranch activities/free time

5-6:30 Dinner

7-9pm Fireside chat (optional) Imagining church and the new wineskins

Children must be picked up from youth staff by 8:45 pm each night.

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### Friday June 28 Theme: Sabbath Healing

7-8am breakfast

8:30-9:30 am gathering at Agape Meeting Room for morning meditation

9:30am Break

9:45am - noon Discovering our souls rather than saving them

Noon-1pm lunch

1-5pm Ranch activities/free time

5-6:30 Agape Dinner at Agape courtyard

6:30-8pm grief walk to Camp Santo

Children must be picked up from youth staff by 8:45 pm each night.

### Saturday June 29 Blessing our Journey

7-8am breakfast

8:30 am final morning meditation and farewells