## Welcome



## Creativity, Connection, and Joy: A Weekend Retreat for Veterans

with Michelle Holdt G240122 Jan 11-14, 2024

Hello and Welcome to Creativity, Connection, and Joy~

My name is Michelle Holdt and I can't wait to share this weekend retreat with you. I am an arts educator and artist from Albuquerque, NM and I'm known as a Love Advocate because I stand for LOVE in the world and have a giant AMOR sign on the roof of my carport and Love posters all over my house.

You can read more about me at www.creativecompassionate.com

I teach book making, writing, collage, mindfulness, and restorative practices in Albuquerque and Santa and am so honored to be teaching at Ghost Ranch and I look forward to sharing some really engaging and fun experiences in these subjects with you during our time together. Get ready for a weekend full of varied experiences.

In terms of art supplies we will provide almost everything but if you could bring a blank journal (without lined pages - so plain white pages) that is at least 5x7 or bigger and some fun paper scraps:

Please collect random "fun paper" around your house, wrapping paper, magazines, newspapers, fun pattern paper, old notes and birthday cards, photos, receipts, kids artwork, really anything – but especially look for PATTERNS and COLORS and WORDS that catch your eye. Just gather a small pile/collection....

I will also bring LOTS of this paper to share, so if you don't have any at home no worries!!!

It will be COLD weather so please bring warm comfortable clothes.

So, that's about it I think. If you have any questions you may contact me. mholdt@yahoo.com

We'll have a fun unique weekend together and you will have down time to just hang with friends or family, too. Ghost Ranch is a place where magic happens and memories last a lifetime.....

Thanks! Michelle